



Health Preparedness Training

Health preparedness training is key to maximizing recovery from any incident including man-made or natural disasters, pandemics and other public health crises. This page features scheduled health preparedness and response training opportunities for Vernon College Employees.

Course	Presenter(s)	Date	Status
New Horizons in Online Student Mental Health Support: Research Findings and Support Options – In this webinar, we will share significant research findings regarding faculty, staff, and administrators perspectives on mental health support for online students.	OLC	06-18-2024	Register
Vernon College 41st Annual North Texas Regional CARE Conference- A multi-disciplinary conference designed to meet the continuing education needs of the professional in the area of mental health, family and protective services, juvenile and adult probation services, criminal justice, addiction counseling, and social work	Crystal Garcia, MAS-PHM (TAASA) Mike Sweeney (TAASA) Tracy Derr, LCDC Tanner Fowler (Wichita Falls Police Dept.) Mark Warren (Texas Assoc. of Counties)	05-14-2024 Thru 05-16-2024	PAST
Mindfulness Matters: Navigating Stress for Success - From day to day stressors to major life events, we will all encounter stress. During this webinar, you will gain an understanding of stress and its impact. Along with identifying different sources and symptoms of stress, learn about mindfulness as a tool to help reduce the toll that stress can have on your health. This session provides practical strategies to help you develop a mindfulness approach in everyday activities	Human Capital Institute	04-09-2024 12PM- 1PM	PAST
Vernon College 40th Annual North Texas Regional CARE Conference- A multi-disciplinary conference designed to meet the continuing education needs of the professional in the area of mental health, family and protective services, juvenile and adult probation services, criminal justice, addiction counseling, and social work. For more information refer to webpage at 2023 NTRT Brochure! (vernoncollege.edu)	Dr. Don Hebbard (Amberton University) Jennifer Garner (Christ Counseling Ministry) Catherine Earley (Midwestern State Univ.) Matt Kelly (Texas DPS) Dan Buesing (Texas DPS) Mark Warren (Texas Assoc. of Counties) Jason Shaw (McMurry University)	05-16-2023 Thru 05-18-2023	PAST
Mental Health Matters- With substantial increases in demand for mental health services, psychologists across the nation are stepping up to assist colleges and universities embrace a broader culture of well-being in an attempt to better equip staff and faculty in supporting students in need.	Rock Crossing Counseling & Positive Frame of Mind Counseling	02-17-2023	PAST
Stop the Bleed: Bleeding Control for the Injured- Our nation's threat from intentional mass-casualty events remains elevated. Enhancing public resilience to all such potential hazards is identified as a priority for domestic preparedness. As uncontrolled bleeding is identified as one of the causes of preventable death from trauma, BCon was developed for direct training for immediate responders (lay personnel).	L. Pressler Trauma Educator Untied Regional Trauma Services	09-29-2022	PAST
Becoming a More Effective Educator through the lens of Self Care- This course will take the participants through the importance of utilizing reflection, boundaries, and self-awareness as an educator. With the stressors that come with being in higher education, the importance of self-care is of high importance.	Dr. T Fox / Dr. W. Helmcamp Midwestern State University	01-29-2023	PAST
Becoming a More Effective Educator through the lens of Self Care- This course will take the participants through the importance of utilizing reflection, boundaries, and self-awareness as an educator. With the stressors that come with being in higher education, the importance of self-care is of high importance.	Dr. T Fox / Dr. W. Helmcamp Midwestern State University	10-07-2022	PAST
Stop the Bleed: Bleeding Control for the Injured- Our nation's threat from intentional mass-casualty events remains elevated. Enhancing public resilience to all such potential hazards is identified as a priority for	L. Pressler Trauma Educator Untied Regional Trauma Services	09-29-2022	PAST

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Suicide Prevention Training- An educational program designed to teach lay and professional “gatekeepers” the warning signs of a suicide crisis and how to respond.	QPR Institute	09-23-2022	PAST
Support Well-Being- A Guide to Employee Mental Health- The mental health of each employee has a ripple effect on the organization. Collectively, it impacts individuals’ well-being, their co-workers, the business’ bottom line, and even society as a whole. With that, mental health awareness is critical to boosting mental health in the workplace. Supporting mental health initiatives is not just the right thing to do from a moral perspective- but also a strategic imperative for Vernon College	J. Beckham / M. Dillard Red River Hospital	08-15-2022	PAST